

Finnish Psychiatric Birth Cohort Consortium (PSYCOHORTS)



Consortium:

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Mental disorders are one of the leading causes of disability and premature mortality across the population. Marginalization and unequal opportunities in life are strongly associated with mental health problems. Unique from a global perspective, Finland has several nationwide registers and a biobank of maternal sera. Linkages can be made between registers, biobank data and records from health check-ups. The Finnish Psychiatric Birth Cohort Consortium (PSYCOHORTS) comprises of seven prospective birth cohorts in Finland: the Northern Finland Birth Cohorts, Finnish 1981 Birth Cohort Study, Finnish Prenatal Studies, 1987 and 1997 Birth Cohorts, SSRI pregnancy cohort and Southwest Finland Birth Cohort. The integration of these cohorts enables us to address issues related to the life course development of psychiatric disorders. Data spanning from 1960s to date allows us to study time trends between different cohorts and between different time points.